

ADAM SCOTT INTERMEDIATE

NEWSLETTER

NOVEMBER/NOVEMBRE



JOYEUX NOVEMBRE! HAPPY NOVEMBER!

We are so delighted to have made it to November strong and healthy! We are eager to praise the efforts of all the students who have, day after day, put forth an amazing effort to follow our COVID health protocols. Thank you students! Please continue to social distance at all times, wash your hands and sanitize often, follow our flow of traffic patterns and remain home when facing illness symptoms. It goes without saying that we appreciate the support of parents and guardians for all you are doing to motivate your children and reinforce our health and safety protocols at home. Merci beaucoup!



**FREE ONLINE MATH COURSE FROM
STANDFORD UNIVERSITY! HOW TO LEARN
MATH! CLICK HERE!**



LEST WE FORGET

We will be pleased to honour Remembrance Day 2020 with a students-centered virtual assembly featuring Adam Scott Intermediate student MC's, art, poems and more. Thank you to all the student leaders for their engagement.



INDIGENOUS HISTORY MONTH

We will be exploring and learning about Indigenous History to honour the history, heritage and diversity of Indigenous peoples in Canada. It is also an opportunity to recognize the strength of present-day Indigenous communities.



PRINCIPAL'S ADVISORY COUNCIL

Thank you to all the exceptional leaders who applied to take on the role of representative for Parent Council. The official winner of the student voice was Olivia Tripp, but all the students did such an excellent job, they are all invited to participate on the Principal's Advisory Council. Bravo Olivia! Thank you leaders!



UNIVERSITY OF WATERLOO MATH CHALLENGE

Over 70 ASIS lions who expressed interest will be competing in the upcoming 2020 Beaver Computing Challenge offered by Waterloo University. This online competition involving computing and problem solving skills will take place during school hours over the weeks of Nov.9 and 16. Thanks to those students who have already paid the \$2 fee online or directly to Mme T. Competitors can use the link below to get more information and access practice tests. Mme T will also be providing each registered student with a password that will let them access a live practice session.

<http://www.cemc.uwaterloo.ca/contests/bcc.html>

Please contact Mme T at wendy_terrett@kprdsb.ca as needed.

Well done students for taking this opportunity!

Monday	Tuesday	Wednesday	Thursday	Friday
				
Olympics, Sports Jersey Day	Fake Injury Day	Jammin' in your Jammies PJ Day	Twinning Day	Orange & Black or Costume Day

ASIS SPIRIT WEEK SUCCESS

Thank you to Mrs. Tibbles and the grade 8 leaders in 8D for all your work to create a wonderful and fun-filled spirit week during the last week of October! Thank you for helping to build a positive and welcoming community in our school!



HEALTHY EATING FROM ASIS PARENT MAGGIE SAVAGE

We appreciate Maggie taking the time to share healthy, yet appealing to teens recipes each month! This recipe looks great Maggie and I look forward to trying it with my family!

Banana Oat Muffins

I love packing a homemade treat in my kids' lunches. This recipe for Banana Muffins is a simple one, it's been a hit with my kids for a long time.

If you have celiac disease or you're allergic to gluten, make sure you use certified gluten-free oats.

I have a lot more gluten-free recipes on my website <http://www.sheletthemeatcake.com>.

Don't hesitate to reach out if you have any questions or any recipe requests. I hope your family enjoys these Banana Oat Muffins as much as we enjoy them!

Ingredients

- 1 ½ cups oat flour (I make my own by whizzing it in the blender)
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1 teaspoon cinnamon
- ¼ teaspoon sea salt
- 1 egg
- 1/3 cup melted coconut oil
- 1 teaspoon vanilla extract
- 1/2 cup granulated sugar
- 1 cup mashed bananas (approximately 1 and a half large bananas or two medium sized)
- ¾ cup chocolate chips or chocolate chunks

Instructions

1. Preheat oven to 350 degrees. Line muffin pans with cupcake liners or wipe with oil to prevent sticking.

2. Combine flour, baking soda, baking powder, cinnamon, and sea salt, in a medium-sized bowl.

3. In the bowl of your mixer combine egg, melted coconut oil, vanilla, and sugar. Mix on medium speed until well combined.

4. Gradually add the flour mixture, alternating with the mashed banana, to the wet ingredients.

5. Fold in chocolate chips or chunks. 6. Bake muffins for 18 minutes. Let cool on a wire rack.

Makes 9-11 muffins



STUDENT USE OF LOCKERS IS COMING SOON!

As we know the winter weather is around the corner, our staff are working hard to make plans for the safe use of lockers for our students. Classes will practice accessing the lockers in safe and social distancing ways over the course of the next week so that when we require the lockers to store winter gear, we will be ready to do so safely and efficiently. We will begin with the grade 8 classes and then proceed to permitting the grade 7s to use lockers. During the first phase, we will not be using locks. Lockers will only be for the use of coats, boots, etc. All student materials, work, resources, etc. will be brought into the classroom. Each evening, lockers will be emptied of all student items. Class teachers will be planning a system for students to have their indoor shoes stored safely in the classroom. Thank you to Mr. Ivey and the student leaders who helped to organize the lockers into a system of 4 colours,

representing the Four Directions. We are hoping this system will help us ensure students are accessing their lockers in small groups, at a social distance.



TULIPS AND TREES!

Merci 7E and 8F for all your eco leadership and efforts last week! Mme Bauman's class and Mme Leicht's classes planted a total of 60 flower bulbs in honour of hope for a bright and healthy spring. Merci 8F aussi pour les arbres! This class also spent time learning about tree identification through the Ecology Garden and earned our school two trees which they planted on our Intermediate Yard. We look forward to the trees growing and blossoming over the years and appreciate your commitment to the natural beautification of our school!



DID YOU KNOW ASIS IS FILLED WITH ROCK STARS!?

Times Tables Rock Stars that is!!! Thank you so much to Mme T for introducing this engaging and motivational school initiative to our ASIS. Our students are hungry to beat their scores and are highly motivated to increase their computational speed! Thank you also to Mr. Hedrich for supporting classes with the program. Our students have completed thousands of questions! Go team!

Times Tables Rock Stars is a carefully sequenced programme of daily times tables practice

Each week concentrates on a different times table, with a recommended consolidation week for rehearsing the tables that have recently been practised every third week or so. This format has very successfully boosted times tables recall speed for hundreds of thousands of pupils over the last 8 years in over 14,000 schools - both primary and secondary - worldwide.

